

2025 CMS Star Measure Completion Guide Controlling Blood Pressure (CBP) Via At Home Patient Self-Measurement with Digital BP Cuff

Purpose:

Close the Medicare Controlling Blood Pressure (CBP) Quality Gap for members with measured but noncompliant BP in 2025 by allowing them to take measurements in the comfort of their home.

Steps – Option 1: Claims Submission – A Qualified Medical Professional is Needed (MD/NP/PA)

1. **Select members:** Only provide Digital BP cuffs to patients in the Cozeva CBP measure that were measured in 2025 but were noncompliant due to high BP ($\geq 140/90$). Empire will provide you these lists. Please record what members you provide them to.
2. **Member measures at home:** Using the digital BP cuff, patient takes two or more readings, at least one minute apart, while seated and relaxed in a quiet environment.
3. **Choose the reading:** Use the most recent day's reading. If multiple readings are taken on the same day, it is acceptable and preferred to record the lowest systolic and the lowest diastolic from that day.
4. **Telehealth visit:** Schedule a telehealth visit (audio and/or video) for the **provider** to review the home BP reading verbally with the patient.
5. **Documentation: Note in the chart the following:** Reading values (lowest SBP & lowest DBP from same day), Date Measured, and Device Type (i.e. "digital home BP Cuff"). **Include: "The blood pressure reading was self-reported by the patient during this telephonic encounter, using a digital BP monitor".**
6. **Bill the claim:**
 - Bill the appropriate E&M Code (99212-99215, 99202-99205) with telehealth modifier (10/02).
 - Add both BP CPT II codes (one systolic + one diastolic) to the claim.
 - Use the date of the **encounter** as the DOS for the Blood Pressure CPT II Reporting codes. If measurement date differs from the encounter, note it in the chart.

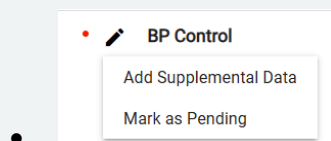
Blood Pressure – Systolic, Goal < 140/90 mmHg	
Measured Systolic	CPT Systolic
< 130 mmHg	3074F
130 – 139 mmHg	3075F
≥ 140 mmHg	3077F

Blood Pressure – Diastolic, Goal < 140/90 mmHg	
Measured Diastolic	CPT Diastolic
< 80 mmHg	3078F
80 – 89 mmHg	3079F
≥ 90 mmHg	3080F



Steps – Option 2: Cozeva Supplemental Data Submission – MA or Staff Member May Complete

1. **Select members:** Only provide Digital BP cuffs to patients in the Cozeva CBP measure that were measured in 2025 but were noncompliant due to high BP ($\geq 140/90$). Empire will provide you these lists. Please record what members you provide them to. They are also viewable on Cozeva under the BP Measure.
2. **Member measures at home:** Using the digital BP cuff, patient takes two or more readings, at least one minute apart, while seated and relaxed in a quiet environment.
3. **Choose the reading:** Use the most recent day's reading. If multiple readings are taken on the same day, it is acceptable and preferred to record the lowest systolic and the lowest diastolic from that day.
4. **Telehealth visit:** Schedule a telehealth visit to review the home BP reading verbally with the patient. An MA or Staff Member may perform this data collection, a claim is not needed for Cozeva supplemental data submission.
7. **Documentation: Note in the chart the following:** Reading values (lowest SBP & lowest DBP from same day), Date Measured, and Device Type (i.e. "digital home BP Cuff"). Ensure this is integrated into the member's chart. **Include: "The blood pressure reading was self-reported by the patient during this telephonic encounter, using a digital BP monitor".**
5. **Submit "Supplemental Data" via Cozeva under the Blood Pressure Measure:**
 - Visit the Member's Cozeva Profile by typing in their name on the Search Bar.
 - Go to the BP Control Measure in the member's profile, and click the Pencil Icon > Add Supplemental Data



- One the submission page: Upload the note containing the Blood Pressure information. Enter the Reading Date. Finally, enter the actual Systolic and Diastolic Values measured by the member. For reference, compliant values are below in green.

Blood Pressure – Systolic, Goal < 140/90 mmHg	
Measured Systolic	CPT Systolic
< 130 mmHg	3074F
130 – 139 mmHg	3075F
≥ 140 mmHg	3077F

Blood Pressure – Diastolic, Goal < 140/90 mmHg	
Measured Diastolic	CPT Diastolic
< 80 mmHg	3078F
80 – 89 mmHg	3079F
≥ 90 mmHg	3080F

